

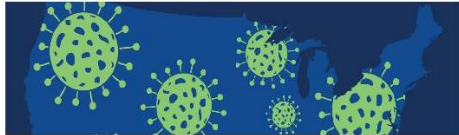
CITY OF PORTSMOUTH



City Manager's Advisory Tuesday, November 17, 2020



PROTECTING OUR COMMUNITY DURING COVID-19
Wash your hands frequently. Stay 6 ft. apart. Wear a mask.
Any symptoms of illness? Please stay home.
Avoid the "3C's": crowds, closed spaces, close contacts.

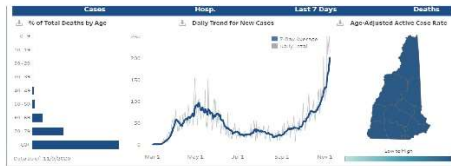


GATHERINGS & BUBBLES

The virus spreads from person to person on airborne droplets. Protect your family with masks, distancing & associating only with those in your household or isolating group (bubble). New contacts, crowded, stuffy spaces and letting your guard down increases your risk.

TRAVEL

Traveling outside New England? Stay at home for 14 days after you return to NH.
Traveling within New England? Check the community transmission rate in your destination and try to reduce your risk.



STAY INFORMED

Choose a source of information you can trust.
The NH Dept of Health & Human Services website is: [NH.gov/COVID-19](https://www.nh.gov/COVID-19)
The City Health Dept. website is: [CityofPortsmouth.com/health/coronavirus-response](https://www.cityofportsmouth.com/health/coronavirus-response)



MASK WEARING

Wearing a mask protects others and protects you.
Portsmouth has a Mask Ordinance for public places.
<https://www.cityofportsmouth.com/sites/default/files/2020-10/Mask%20Ordinance%20%2303-2020.pdf>
Keep on hand several cloth masks that fit.
Wash each cloth mask after each use.

QUARANTINE & ISOLATION

If you've had recent close contact for more than 10 minutes (cumulative) with someone who tests positive for the virus, get tested, then stay home for 14 days.
Test positive for COVID-19? Isolate in your home and wear a mask/maintain 6' if you have to be in contact.



HAVE A BACKUP PLAN

What if you have to stay home, sick?
What if the school calls because your child is sick?
Is your emergency contact info up-to-date?



DON'T GIVE UP OR GIVE IN!

Find answers to questions and listen to others' concerns. Talk to the professionals: health care, teachers, school nurses, assistance resources. We're all in this together.
[CityofPortsmouth.com/city/covid-19-information](https://www.cityofportsmouth.com/city/covid-19-information)



SUPPLIES

Have on hand tissues, soap, hand sanitizer, disinfectant wipes and masks for each person. Make sure you have a thermometer that works. Keep 2 weeks of food & prescriptions on hand.

For a printable PDF of this poster:
<https://www.cityofportsmouth.com/sites/default/files/2020-11/revCommunityPoster%202020.11.12.pdf>

Do your part. Wear a mask.

For answers to Portsmouth Mask Ordinance Frequently Asked Questions, click here.

<https://www.cityofportsmouth.com/sites/default/files/2020-10/MaskOrdinanceFAQ%202020.10.05.pdf>

The City Health Department also offers the following COVID-19 information:

For Testing FAQs click here. <https://www.cityofportsmouth.com/city/testing-faqs>

For COVID-19 & Mask Facts click here. <https://www.cityofportsmouth.com/city-manager/covid-19-mask-facts>

For Ventilation FAQs click here. <https://www.cityofportsmouth.com/city/ventilation-faqs>

For Daily Life During the Pandemic FAQs, click here. <https://www.cityofportsmouth.com/city-manager/daily-life-during-covid-19-frequently-asked-questions>

For this week's Regional COVID-19 Dashboard, click here.

<https://www.cityofportsmouth.com/sites/default/files/2020-11/revCovidDashboard110920.pdf>

BANFIELD ROAD Traffic-calming Public Input Meeting, Nov 18 at 6:30 pm via Zoom. For registration information, click here. <https://www.cityofportsmouth.com/sites/default/files/2020-10/BanfieldTrafficCalmingZoomInstructions%202020.11.18.pdf>.

REMINDER: PAY YOUR CITY BILLS ONLINE -- The newly approved \$14.70 per \$1,000 in valuation property tax rate will be reflected in the tax bills mailed this month, with the first half due 30 days after they are mailed and the second half due in June 2021. Again this year, the City of Portsmouth offers an online tax calculator at <https://www.cityofportsmouth.com/tax/online-property-tax-calculator> for residents to use to estimate their tax bill for Fiscal Year 2021. With COVID-19 precautions still in place, **the City urges taxpayers to make their tax bill payments online, where they will receive an instant confirmation and receipt.** <https://www.cityofportsmouth.com/city/pay-my-bill>

ASSISTANCE RESOURCES

For Resources and Assistance with housing, food, heat, etc. click here.

<https://www.cityofportsmouth.com/city/covid-19-resources>

THANKSGIVING

SHARE THE WARMTH FOR GATHER -- Starting immediately, the *Alliance for Greater Good* hopes to collect enough new hats, mittens, and gloves for all Gather families who participate in this year's Thanksgiving food distribution event. **Donations of new hats, mittens, and gloves for adults and children can be dropped at the Portsmouth Senior Activity Center at 125 Cottage Street through November 19.** For more information or questions, email Lisa Vivinetto at Alliance.GreaterGood@gmail.com.

Gather Food Pantry: Gather provides food for the Thanksgiving holiday to hundreds of local families, and the need is even greater this year. Their Thanksgiving Distribution takes place on November 21. Food distribution, online grocery shopping for people who don't want to enter the shop, Meal delivery for Seniors, Meals 4 Kids, Community Fridays 9am-1pm open at Community Campus (open to anyone). Call for info 603-436-0641. **The annual Peas 'n Carrots food drive is by virtual donation this year. Online through November 30.** To make a donation and learn how far dollars raised will go in feeding the food insecure in the community, click here. <https://secure.givelively.org/donate/gather/pease-n-carrots-2020>

American Legion, Thanksgiving Day Nov 26, Noon-3pm. Thanksgiving dinner delivery within a 5-mile radius of the Legion (including Marjesson, Feaster, other housing). Also serving a take-out Thanksgiving dinner. There is no cost for take-out or delivery, but the drivers can be tipped. For delivery call the Legion at 436-7575. For takeout, call or just show up. The Legion will also have a few tables inside the Legion for up to 4 people each, first come, first served. Starting at 12 noon. Free.

48th Annual Portsmouth Rotary Thanksgiving Dinner, Thursday, November 26. Pickup between 11 am and 12:30 pm at St. Nicholas Greek Church, Andrew Jarvis Drive. No sit-down dinner this year due to COVID-19. For delivery or pickup, please call 603-828-4869 or email rotarythanksgiving@gmail.com

Operation Blessing: Drive up Food Pantry Wed-Fri 10am-4pm, **Thanksgiving Baskets**. Call for more info 603-430-8561.

Portsmouth Meals on Wheels: Monday-Friday home delivery. Accepting new customers 603-766-4448. Monthly grab & go lunch specials open to seniors. **Nov 19: Turkey & Stuffing meal to-go**. Reservations required. New Address: 125 Cottage Street (at senior center).

- **Housing Relief Fund-** Governor Chris Sununu authorized the expenditure of \$35 million from the CARES Act Coronavirus Relief Fund (“flex funds”) to support families or individuals in need of housing assistance as a result of COVID-19. Of the allocated \$35 million, \$20 million will be initially expended, with \$15 million being held in reserve, for rent stabilization and housing support. Both the one-time grants and the short-term rental assistance will be coupled with regional case management services to help connect households to appropriate services as defined by the household and the agency. **Program payments will be made directly to the landlord or provider, and this program will end by December 30, 2020**. For more information, visit <https://www.capnh.org>
- **Help Paying Energy Bills** – Eversource offers a COVID-19 Payment Program that gives customers up to 12 months to pay past-due balances, without down payments, fees or interest. Once enrolled the account is protected from service disconnection for the duration of the payment plan. For more information call 1-800-662-7764 or visit <https://www.eversource.com/content/nh>
- **Federal Stimulus Checks** – Anyone who has not received a stimulus check from the Federal government can still file to do so. The deadline is **November 21, 2020 at 3 pm**. If you did not file a 2019 Federal Income Tax return, did not receive a stimulus check and have not already applied, visit this IRS website to file your application: **Social Security, Railroad Retirement and Veterans Affairs Benefits recipients who received their Stimulus Checks but still need to file to receive benefits for qualifying children also have until November 21, 2020 at 3 pm to apply. Click here for details:** <https://www.irs.gov/newsroom/economic-impact-payment-information-center-topic-h-social-security-railroad-retirement-and-department-of-veteran-affairs-benefit-recipients>

TESTING-- The New Hampshire Department of Health and Human Services provides this list as a service to the community. The Department does not endorse any particular entity for COVID-19 testing services. <https://www.dhhs.nh.gov/dphs/cdcs/covid19/documents/covid-testing-options.pdf>

For all the COVID-related resources, [click here](#).

Governor Sununu’s Emergency Order extended to January 15, 2021.

<https://www.governor.nh.gov/sites/g/files/ehbemt336/files/documents/emergency-order-72.pdf>

The State has also made changes to the COVID guidelines to minimize redundancy in each industry sector. **Those guidelines that applied to all industry sectors have been removed from separate sector pages and now live only in the Universal Guidelines (UG) pages.** In some cases (e.g. outdoor attractions, arts, music education, funerals, and more) the sector pages have been eliminated entirely and you’ll find a note at the end of the UG specific to those sectors. Click here for the details: <https://www.covidguidance.nh.gov/>

For answers to other questions about the City’s response to COVID-19, please email: hotline@cityofportsmouth.com

For more information, visit [City’s page on COVID-19](#)