

CITY OF PORTSMOUTH



City Newsletter: Wednesday, February 1, 2023

PORTSMOUTH POLICE CHIEF'S STATEMENT ON THE DEATH OF TYRE NICHOLS –

Yesterday, Chief Mark Newport issued the following statement: “The Portsmouth Police Department is deeply saddened by the death of Mr. Tyre Nichols. We offer our sincere condolences to his family, friends, and the Memphis community for his tragic death. The heinous actions of the involved officers displayed in the released video are inexcusable and deplorable. They go against our sworn oath as Police Officers and have brought shame to officers across the nation who work selflessly every day to protect and serve their communities and hold themselves to the highest standards of this profession. It is the position of the Portsmouth Police Department to help ALL people. We do this by actively working in partnership with our community to protect, prevent crime and respectfully, justly and compassionately serve all people...” To read the complete statement, go to: <https://tinyurl.com/2p8mzeej>

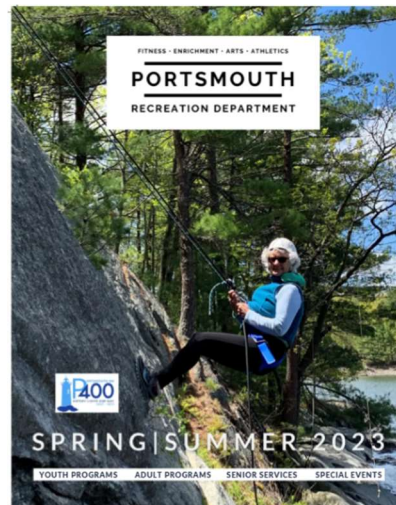
CROSS ROADS HOUSE WARMING CENTER FOR ROCKINGHAM COUNTY HOMELESS -- Open from 7 pm to 8 am on any day the forecast temperature or wind chill dips to 28 degrees Fahrenheit or lower, or if heavy snowfall accumulates to six inches.

OPERATION BLESSING WARMING CENTER, WEEKEND HOT MEALS AND FOOD PANTRY/CLOTHING ROOM -- 600a Lafayette Rd opens its 8-bed warming center from 7 pm to 7 am when the temperature is 25 degrees or below. **Weekend Hot Meals - just walk in - on Saturdays from 11 am to 12:30 pm and Sundays from 3 pm to 4:30 pm.** The Operation Blessing, INC Food Pantry and Clothing Room is open Mon-Fri 10 am to 4 pm and Sat 9 am to 12 noon. Call 603-430-8561 or 603-988-2671.

TOMORROW FEB 2: PORTSMOUTH COMMUNITY POWER PUBLIC HEARING AT CITY HALL (ALSO FEB 9) AT 6 PM --

Learn more about Portsmouth's participation in the Community Power Coalition of NH

(<https://www.cpcnh.org>) and about Portsmouth Community Power initiative: <https://tinyurl.com/2p94czfm>



REC DEPT SPRING & SUMMER PROGRAM REGISTRATION! Now open to residents. Registration for non-residents opens Feb 15 at 8 am. Go to the complete program guide: <https://www.cityofportsmouth.com/recreation> or pick up a printed copy at the Library, City Hall or Rec Dept. facilities.



HELP DECORATE THE PORTSMOUTH TREE OF LOVE -- From school children to seniors, the Portsmouth Recreation Department welcomes all who

would like to participate. **For templates with heart designs to download and decorate:**

<https://tinyurl.com/ycmdue72> Then mail or drop off your decorated Valentine heart at the Community Campus (100 Campus Drive) or at the Senior Center (125 Cottage St.) **by THURS FEB 9**. The staff will laminate the hearts and hang them on the tree.

ALLIANCE FOR GREATER GOOD SEEKING COOKIE BAKERS FOR RANDOM ACTS OF KINDNESS DAY – Help the Alliance celebrate Random Acts of Kindness Day with *Cookies for First Responders*. They are seeking volunteers to bake one dozen cookies, or sort/deliver cookies to first responders in the greater Portsmouth area on **THURS FEB 16 AT 1 PM** (the day before Random Acts of Kindness Day). Registration required. Go to: <https://tinyurl.com/9mrhm6yz>



SENIOR ACTIVITY CENTER ART SHOW NOW THRU APR 14 –The new exhibit “Art Lives On” features the work of artists who were once active members of our community and whose work is their legacy. This show features work by Barbara Brockelman (pictured), DeWitt Hardy, Marcia Gibbons, Brian McDonough, Amelia Olenio, Betty Pennington, Chien-Shih Wang, Thomas W. Quinn and Elinor Vaughan. The public is invited to visit during regular hours for the Senior Activity Center (125 Cottage Street). Keep track of all the Senior Activity Center programs and events by subscribing to the Senior Newsletter, go to: <https://tinyurl.com/cwyyznee>

NH DHHS SEEKS PARTICIPANTS IN NH STATE PLAN ON AGING SURVEY -- The NH Commission on Aging (NHCOA) is asking NH residents, not just older adults, to take this anonymous [NH State Plan on Aging Survey](#). In order to get funding via the Older Americans Act (OAA), NH needs to complete the survey every four years. The data impacts local funding for programs like Meals on Wheels. As NH is among the oldest states in the US,

this information is critical. NH DHHS is helping NHCOA to determine:

- what is working for NH in terms of aging
- what isn't working
- what suggestions/recommendations residents have
- what do people need to stay safe at home



TAKE YOUR CHILD TO THE LIBRARY DAY, SAT FEB 4! Special programs, games, learning opportunities and story times in multiple languages! Free and open to the public, 9 am til 5 pm. No library card needed. Go to details: <https://tinyurl.com/ycyz7w9p> **LOOKING FOR MORE INDOOR FAMILY ACTIVITIES THIS WINTER?** Check out the Rec Dept. open gym schedules at the [Connie Bean Center](#) and [Community Campus](#) Also check the [Portsmouth Public Library Calendar](#) for programs such as daily Story Times. Daily activities for all ages.



MCINTYRE PROJECT UPDATE: Reminder that all documents and plans are posted to [the McIntyre Project page](#) on the City website.

HANOVER GARAGE – Phase 1, level 3 is complete. Work progressing on level 2 to prepare to pour concrete. Work takes place between 8 am and 5 pm, Mon-Fri. Subscribe to the weekly emails and submit questions on the [Hanover Garage Project page](#). **Go to current work schedule:** <https://tinyurl.com/2nfcachef>

WOODBURY AVE. PROJECT PUBLIC INFORMATION MEETING WED FEB 15 AT 6:30 PM AT NEW FRANKLIN SCHOOL --

Residents in the Woodbury Avenue neighborhood have requested traffic calming measures for the residential section of Woodbury Avenue between Market Street and Bartlett Street. City staff will be presenting conceptual plans for constructing several median islands on Woodbury Avenue between Echo Avenue and Dennett Street to alter Woodbury Avenue's current straight alignment, provide pedestrian crossing refuge areas and to slow vehicle speeds. Go to more information on the [Woodbury Ave. Traffic-Calming Project](#).

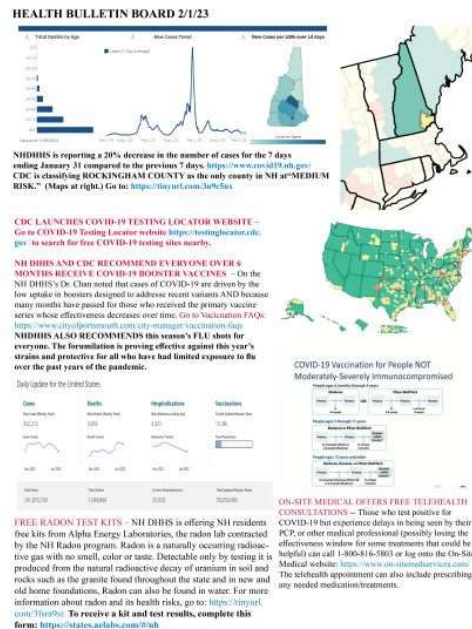
WANT TO RECEIVE CITY NOTICES? SIGN UP AT SMART 911 -- Announcements about winter weather, parking, events and other important City news are issued by email, phone and text on Smart911. To receive Smart 911 notifications, go to the [subscription page](#). Also sign in on that page to make any changes in your account.



PORTSMOUTH NH 400 ANNIVERSARY CELEBRATIONS ARE UNDERWAY! PNH400 merchandise, including the commemorative wall calendar, will be available soon at downtown retail locations. In the meantime, order online and check out upcoming events at [PortsmouthNH400.org](#)

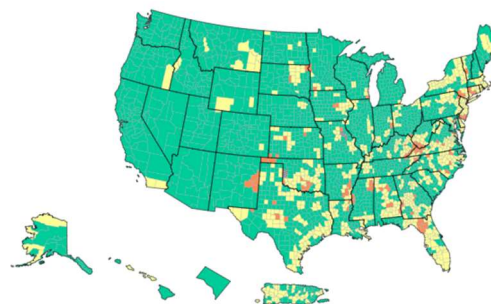
ENTER PNH400 RAFFLE TO WIN A CURATED DINNER FOR 10 AT CURE RESTAURANT -- Enter for a 1 in 150 chance to win an amazing dinner for 10 hosted by Cure Restaurant, prepared and curated by local celebrity chef/owner Julie Cutting and her amazing team. The winner will enjoy a delicious dinner of 5 courses paired with craft cocktails and delicious wines. To purchase raffle tickets (\$100 each) go to: <https://tinyurl.com/2br7bpuw>

FREE RADON TEST KITS -- NH DHHS is offering NH residents free kits from Alpha Energy Laboratories, the radon lab contracted by the NH Radon program. Radon is a naturally occurring radioactive gas with no smell, color or taste. Detectable only by testing it is produced from the natural radioactive decay of uranium in soil and rocks such as the granite found throughout the state and in new and old home foundations, Radon can also be found in water. For more information, go to: <https://tinyurl.com/3fsra9st> To receive a kit and test results, complete this form: <https://states.aelabs.com/#/nh>



REGIONAL HEALTH BULLETIN BOARD -- Go to a larger PDF: <https://tinyurl.com/yut7jpe8>

CDC LAUNCHES COVID-19 TESTING LOCATOR WEBSITE -- Go to [COVID-19 Testing Locator website](#) to search for free COVID-19 testing sites nearby.



TRAVELING? CDC TOOL FOR ASSESSING COMMUNITY RISK. CDC recommends using its online COVID-19 tracker: <https://tinyurl.com/57p5j3ba>

COVID-19 BOOSTER SITES! Find locations offering the new booster by going to the interactive map at [vaccines.gov](#)

BOOSTERS FOR HOMEBOUND INDIVIDUALS -- Call On-Site Medical Services at 603.826.6500 to make an appointment or go to <https://www.on-sitemedservices.com/vaccine>

ON-SITE MEDICAL ALSO OFFERS FREE TELEHEALTH CONSULTATIONS -- Those who test positive for COVID-19 but experience delays in being seen by their PCP, or other medical professional (possibly losing the effectiveness window for some treatments that could be helpful) **can call 1-800-**

816-5803 or log onto the [On-Site Medical website](#). The telehealth appointment can also include prescribing any needed medication/treatments.

WEEKLY FREE LUNCH REMINDERS:

- **Middle Street Baptist Church** – Seacoast Community Lunch brown bag lunches from the parking lot (18 Court St.), 12 noon to 1 pm on Wednesdays. For more information call 603-436-2337 or email lunch@middle.st
- **St. John's Episcopal Church** -- Common Table bag lunch, Thurs, 12 noon to 1 pm dine inside. 12:30 pm for bag lunch pickup in the St. John's parking lot (100 Chapel St.).
EVERY MON FREE HOT BREAKFAST AT ST. JOHN'S EPISCOPAL CHURCH, 7-8 AM. The Breakfast Club will serve a hot, sit-down breakfast in Thaxter Hall.
- **GATHER COMMUNITY MARKET, FRIDAYS, 10 am – 1 pm** – A FREE food market for all. No paperwork. No ID. No one is ever turned away. Located at the NH National Guard building, 801 McGee Drive in Portsmouth.

SUICIDE PREVENTION HOTLINE LOCAL CONTACTS -- If you need help, **please call or text the Suicide Hotline Number AT 1-833.710.6477 or reach out to nh988.com**. PLEASE NOTE: if your phone is not an area code 603 number you should call the New Hampshire crisis center directly for immediate help.

PORTSMOUTH STANDS WITH UKRAINE
There are many recognized relief agencies responding to the humanitarian crisis in Ukraine. You might consider one of these:
<https://tinyurl.com/2mtsejuh>

CITY HALL FACEBOOK PAGE:
Like and follow us to get news as it's posted:
<https://www.facebook.com/CityHallPortsmouthNH>

Questions about a City-related matter? Email to hotline@cityofportsmouth.com and we'll get you an answer.

Want to know more about what's happening in the City? Click to sign up for the City Newsletter <https://tinyurl.com/y2p67par>